

# MOTIVATING CHANGE



## *Your Best Is Coming*

**Despite good intentions, we get stuck, we procrastinate and lose motivation.**

This leads to wasted time, poor performance and strained relationships.

**The solution starts in our mind**, with our thoughts. We become what we think about. Our outside world is a reflection of our inside world.

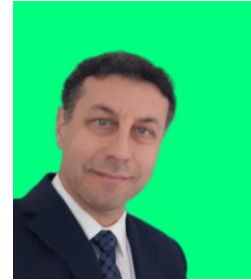
The purpose of this session is to share with you what controls our behaviour and how we can use that to get what we want.

**Instead of using willpower** (which doesn't last) to get things done, we need to be open to a new and better way; one that's natural, powerful and sustainable; that comes from within.

**Book this session to learn;**

- ✓ **The Secrets To Success**
- ✓ **8 Steps To Getting What You Want**
- ✓ **Your 2 Opponents That Keep You Stuck**
- ✓ **The 1 Thing That Controls Everything**
- ✓ **Practical Example For Change**

**\*\* Includes 3 FREE Bonuses (Valued over \$700) \*\***



**Martin Formato**  
**Professional Certified Life,**  
**Workplace and Career Coach**

Martin has been helping people make changes since 2013.

He is a respected coach, motivational speaker and author of several books.

Martin has also been featured on radio and is the founder of the movement "Doing Work That Matters".

Recently he has been sharing his experience and wisdom via interactive workshops that are informative, engaging and fun.

Mindset is the key to all change and is the foundation of all the programs Martin offers his corporate and individual clients.

**What have others said about this workshop?**

*“Very informative. Easy to understand. Learnt new things.”*

*“Really great session! Extremely helpful.”*

*“Interesting, engaging and fun way of learning.”*

*“Very amusing and funny.”*

*“Really enjoyed the group activities.”*

*“Entertaining.”*

**Who should attend?** All members of your team

**Where is it held?** At your workplace

**When?** At a time that suits everyone

**Duration?** 1 hour interactive workshop

**Book Today:**

Call 0417 012 274 or send an email to [support@martinformato.com](mailto:support@martinformato.com) stating:

- Your contact details
- Your workplace address
- Number of participants
- Your preferred day and time for the 1 hour interactive workshop

We will respond on availability. Your booking will be confirmed after payment is received.

**What if I have more questions?**

Please phone Martin Formato on 0417 012 274 or send an email to [support@martinformato.com](mailto:support@martinformato.com)

**How much is my investment?** \$497

Cancellation: If cancellation is received less than 2 business days prior to the event, full costs will be charged.